

Sensually A U T H E N T I C

9 Layers of Indie

LAYER 6

CHAPTER 2

LAYER 6 OF THE INDIE

What is layer 6 of the Indie? Layer 6 of the indie is forgiveness. So, we going from rejection in the fullness of what rejection is and understanding that rejection is not the pain that exists in rejection. [Sigh] the pain I'm getting is on such a deeper level myself and this is why the Indie layer is so monumentally powerful in your life because as you continue to step forward and step into who you are becoming, you will constantly revisit this, and you will have a deeper level of understanding. There's so much that can be gifted to you when you realize [Gasp] "Oh my goodness, this is who I really am within this process. And am I rejecting myself within this process?" or "If I do this or don't do this, and I'm afraid, are my actions right now paralyzed or forced because I'm afraid of being rejected by someone else?" Or "If there is true organic knowing that I move in this direction and when I move in this direction I'm clear that I'm not rejecting me." So, we go into that space, into the forgiveness piece, all of us are familiar with the power of forgiveness, okay, we've at least heard about it, the experience of it is something else. What I'm inviting you to participate in with me, during our time together right now is the experience of that forgiveness. I want you to let go right now, of all preconceived notions of what forgiveness looks like, okay?

So, a lot of us growing up as little kids, alright, and this is a good intention because I'd let myself do it even with my Mum. As a Mum with my boys, I forgive the--I do forgive them, I do forgive your father, say "sorry", do you forgive him, okay? Okay good, right, I want you to transcend all of those preconceived notions, "I forgive you", what that really looks like, and just let it go for right now, see if you can set it aside, and open up to a new experience of forgiveness. It is true, that forgiveness cries with it, such an emotional intense energy, a really intense energy, and I've been explaining this to you

right now, and I am so in something [Sigh] [Exhales][Pause] I am still here, I know you're like "Did she hang up?" I'm still here [Exhales] it's impossible to either be truly successful without enlisting the powerful force of forgiveness and that "[Pause]" that you just heard me in, was that I realized that last night I did something specific around this, and I realized, I'm realizing it, at this moment with all of you, that I didn't take it to the next space. There's really two processes, and I didn't even realize that my father wasn't connecting last night. Because of the situation I'm in right now, that is, I will easily say the most intense situation that I've ever experienced in my entire life, there is an evolution that is happening within my soul that I have been afraid of since I was a little girl. All of my fears about being invisible are in front of me right now. I mean they're on, they're in a physical world. Things what've been so scared of have become visible and allowed myself to step into my beauty and my truth that these things, oh my gosh, what if this happened, well it's happening. It's in front of me, and it'll reveal all of it to you. You'll see it. You'll remember this call, and you'll go "oh my gosh, that's what she's talking about!" without even thinking about the layers, organically. This is what happens for me, is that I just know intuitively that this is what I need to do, so I wasn't thinking "Okay, I need to this." It just was happening for me last night, and yet I didn't do the second piece. I am so happy that we're connecting on this because I'm realizing how important it is for me to do the second piece. I'll do it probably organically with you or on the phone, and we'll talk about when we're at that piece and how important it is to step into that piece because sometimes we don't realize what is holding us back within the forgiveness layer, okay?

So, the hesitancy and the silence you heard me in, is because I am so in something right now, and I am so grateful and so thankful that I have the Indie process to support me. It is assisting me in becoming more of who I am to become. It is sourcing for me a strong strength that I have never, never had to tap into before. Never, never, and I could not have prepared for what it is I am in right now. It had to organically come, and the one thing that I will tell you is what's keeping me [Gasp] so strong in my Indie is because of my awareness of my intention. And so, as you go through your life, and as you step into higher levels of becoming, the awareness of what your intention is as a woman will save you. It can save you. And I'm so aligned with my intention and grateful that my Indie has been so clear for me in this process. So, that's where I am, so that's where you're feeling me.